

Bonus Transcript - 9 Steps to Manifestation

Welcome everyone. It's Tim Emerson of Kwan Yin Healing with a special bonus module on 9 Steps to Manifestation.

You've been through all of the Kwan Yin journey, or you're working your way through or maybe going back and starting again, going more thoroughly. All those are great examples, great ways to start out. This, of course, was a lot of material, and something that we're not going to absorb completely in two months, but over time.

We've several times talked about the things that get in the way of people using The Law of Attraction, things that get in the way of people manifesting what they want, clearing the way things that get us unstuck. We've talked about the role of awareness and transformation before we even get to intention and, now that you know all that and now that you're working more coherently, now that you're vibrating nicely through all levels, let's talk about how now to use that to do the kinds of things that people try to jump into unsuccessfully, at first, in manifesting the things that they want in their lives.

You are now in a position to look at how to do this effectively and successfully. With no further ado, 9 Steps to Manifestation.

Step One: Understanding the 333 Vibration

I want you to take a look back at the Levels of Being chart that we had looked at previously. I'm going to refer to this just for a few minutes. At the bottom of the chart, we have the mental, the astral and the physical. This is often what we talk about. When people say, "Mind, body, spirit," they actually usually means mind, astral, physical. We think of the etheric double as something that's spiritual when, really, it's just another aspect of the physical. In this case, the mind is what is creating and what the mind creates is reflected in the emotions, and what comes from the mind and emotions is reflected in the physical. This is straight out of Buddhism, as well as the basis of what we've studied.

The Seven Planes of Existence - The Leadbeater Chart		
1	ADI	TRIPLE MANIFESTATION OF THE LOGOS FIRST • • • • • • • • • • • • • • • • • • •
2	ANUPADAKA	SECOND •
3	ATMA (NIRVANA)	THIRD— THREEFOLD SPIRIT IN MAN SPIRIT / THREEFOLD SPIRIT IN MAN
4	BUDDHI	The Reincarnating Ego or Soul in Man INTUITION
5	ARUPA { MENTAL RUPA {	CAUSAL BODY MENTAL BODY
6	ASTRAL	ASTRAL BODY
7	PHYSICAL	ETHERIC DOUBLE super-etheric etheric gaseous liquid PHYSICAL BODY solid

Then we also look at this middle part, the three-fold spirit in man, the reincarnating soul that stretches from the atma, the buddhi and the mental planes. Let's correspond this to the mental, emotional and physical levels. The atma, this is the highest at our soul level, the buddhi, this is our intuitive plane. You just know, like emotions. It is something that you feel. We even say that about intuition, don't we? *I feel*, as well as using that in terms of emotional things. Then that is reflected in the causal body, the highest part of our mind, the center of the will.

We are then awareness, intuition and will, something that is reflected often in the tarot cards. This three-fold aspect is repeated from our absolutely highest selves, through our intuition, through what happens in our causal body. This is reflected in the mental, emotional and physical body. They are units from the highest to the motion, the reflecting part, down to the manifestations.

Then we look at the highest part, the triple manifestation of the logos, at the divine. In the adi plane, we have pure potentiality.

In the anupadaka, this is where the divine spark comes.

Then in the atma, the highest part of the atma, higher than our parts, this is where forms begin to manifest the world that we see. This three-fold aspect of creation is in the divine. It is in our soul. It's in our physical reality in the sense of mind, emotion and spirit.

This is also the significance of the 333 vibration, the master number of the ascension. We have three sets of three, and as above so below in this way that we are both a physical component and a divine component, and we are physical manifestations of the divine in our soul aspect, just as our physical realities are us copying what we have learned from the divine in creating. The very reality of having thoughts and emotions in a physical body is a reflection of divine creation in the same way that our atma, our intuition and our causal body are the reflection of the divine in us. We can start to be aware of these mirrors in a very practical sense, and this underscores, then, something I asked you to take more or less on faith way back in week one, stepping into being.

The supreme importance of both a spiritual practice and meditation, we kind of grouped these together at first, but now I want to really stress the importance of them as both. That spiritual practice, this is beginning to better understand, bit by bit, that connection that the atma plane, between us and the divine, that crucial overlap, that plane there. As we focus on a spiritual practice that has meaning to us, it builds in understanding, truth and awareness. As we go through The Hero's Journey, lifetime after lifetime, loop after loop, experience after experience, we are coming closer and closer to awareness, that understanding of that essential spiritual connection. That's how important it is. That's a major joint in this whole coherence open energy flow stream.

The same thing is true for the mind. This is why Buddha stressed the role of the mind so much. Yes, we use it negatively in the ego sense, but the mind is the overlap between this

highest divine aspect of ourselves, the divine manifestation that is ourselves, and the physical reality that we, ourselves, create.

Sometimes you'll see various programs, books and lectures that talk about how you are God. In both senses, they're correct; both a reflection, but here in the mental, emotion and physical world, you are the creator, and that's something that we don't often get a strong hold on, that you, in fact, are the one who is doing the creating in the sense of the lower three planes.

That's the first step, really understanding the 333 vibration, and the supreme importance of deepening and continuing that daily spiritual practice and that daily practice of meditation. Even a little bit, even imperfect, it doesn't matter. It's very, very important that we continue to understand those two crucial aspects in our being.

Step Two: The Role of Desire

The second step to manifestation is the role of desire. We started way back, again in week one, *Stepping Into Being*, making lists. What is it that you want? Why do you want that? And so forth. What is it that you love? Why do you love that? Why is it important to you? Why is that? Why do you love that?

In each case, we keep going and it tends to not limit the list after a while, but expand it, and we get to some point of everything is possible. This, of course, is right back to divine reality; everything is possible, potentiality; that those desires, those things that we want, stem from ultimately the first plane, but the highest parts of our mind, the highest parts of our soul and atma are reflections of that, hence the desire.

Desire, in many ways, kind of gets a bad rap because The Law of Karma keeps us repeating until we recognize that, but desire comes from the divine. It's important to spend time on what we want and what we love because what we want and what we love are reflections of our truest, highest, most divine selves, and our connection to the divine and to that energy, to that high frequency vibration.

Paying attention to those two aspects is how we bring the divine into us, how we begin our work in alignment with the divine. That's absolutely crucial.

Step Three: Service

The third step to manifestation is service. Once you know what you really want, what you really desire – let me back up for a second. By this, I mean a burning desire, not just, "This would be a nice idea." It's like, "Yes, this is it. I want this. This needs to happen." You're excited about it.

Service is what are you willing to give for this? I don't mean in a sense of a price or a sacrifice, or some negative balance to it. What I mean is in what way does this desire serve others? What way does this help other people? What does this contribute to the world? What about this makes you love to give it? It's not a commitment. It's not a sales transaction, in the literal sense. What would you be excited to share with people in the sense of The Hero's Journey, the elixir of life you bring back? Or in the Virgin's Promise, the new magical world you show people. What would you be excited to do? Think in terms of I'm talking about service in the sense of even what would start a movement?

Once you bring people's awareness into this new thing and help people with this, it would change things. The world would be different. People would be different. In what way would you do that? This could be a small thing. It could be a momentous thing, but nonetheless, it's something where you are thinking it would be so cool to do this and people would be excited about it in this way, so that there is absolutely this service aspect of this. Remember that we are our over-soul. We are part of all, and to be in alignment, we need to be in service to the whole.

Step Four: Belief

The fourth step to manifestation is belief, and I want to separate this from the usual sense that people will talk about in the sense of blind faith. Rather, if you have this really awesome desire and you're just excited about the ways it will benefit others, but you don't really think it could happen and you're misusing your imagination to think of all kinds of reasons why it can't and all your fears are sinking in, this is dead in the water. I want you to understand that your beliefs set your limitations. It's not a matter of pie in the sky or blind faith, or anything like that, wherever you set your beliefs, and I mean that literally, set your beliefs. You are the one who set the beliefs and that sets where the limitations go. That sets where the limitations go.

Belief is also what makes another aspect of this so important that I'm including it with belief, and that's the emotional aspect. It's great to have an idea you really think is cool, but to manifest things, you need the emotional component behind this really strongly. You need to

be jazzed up. This is great. You smile just thinking about it. This is wonderful. This is essential because this is what means this is going to happen. We're just going to do this. We have to do this.

An example I know we've used before: You decide you're going to go to California for whatever reason. Everybody needs a vacation and everything will be better after this vacation. You're still just packing, but you're going to California. You're all excited. The trip is going to happen. You believe it will happen. All the things that could happen along the way, you'll deal with it when it comes to it. You need to be like that. If you don't have that, understand that you, yourself, are setting the belief. Beliefs can be changed, as Abraham often shares.

A belief is simply a thought that you continue to hold. A belief is simply a thought that you continue to hold. Stop repeating it and believe something else. You literally remove the limitation and other things become possible.

I'm going to say that again. You literally move that limitation out or, if you're good at this, remove them completely and more things become possible.

This is also another good reason to start with gratitude. You start off from the place of reminding yourself and understanding things are pretty great and you have help in place, and you have all these wonderful things that you can draw from right now. Not one day, but right now. What a wonderful place to start from. You're already loved, supported and cared for, and everything is ready for what do you want to do next?

I've heard a number of people repeat that and I've seen it in several books. If you really, really seep yourself into this, you'll understand that it's true. Everything is waiting for you to say, "Where are we going?" As soon as you tell them, "We're off." Set your beliefs high.

Again, deepen your spiritual practice so that you more and more and more understand and see what's important. When you put these things together, there is this true burning desire that becomes an obsession. There's this true service. There's this movement that benefits so many people that it has to succeed. You are so excited and you believe it's going to happen. You don't know how, maybe. It's not important. Don't worry about how at this stage, but failure isn't an option and any setbacks aren't deal-breakers. It's going to happen, you just don't know how yet. That's the way to align your desire, your thought, your beliefs, your emotions, and your service to others with this kind of energy.

Step Five: Beware of Overwhelm

The fifth step of the 9 Steps to Manifestation is Beware of Overwhelm. Just when things should be wonderful, we create all kinds of problems. We see reflections of this not just at the creation level, but in our daily lives. Some situation, a job, a relationship or a new opportunity, at first we're really excited and then all the what if machinery starts running and all the fears set in when we start to undermine our own happiness, and then ultimately, our own successes.

Beware of overwhelm. At this point, it becomes, "Wow, I don't know what I want. I don't really know what I want." Okay, this is not really true because we want all kinds of things, but this is more of a problem of not being willing to narrow things down.

I don't remember what movie it was, but some movie Robin Williams was playing someone who was coming from Russia in Soviet Union days, where goods were limited to what the state produced. He walked into a supermarket and he all but had a complete anxiety/panic attack. He was surrounded by shelves and shelves and shelves and shelves of goods and goods and goods, and he couldn't even believe it. That's something we take for granted every day. This is what the universe is like. It's a supermarket, but to say, "Oh man, but I don't know what I want. I don't know what I love," is to do that Robin Williams thing in the supermarket, and yet you don't walk into the supermarket today and have anxiety/panic attacks. You go in, "I need this, this, this, this, this," run the list, we're out of here, you leave all the other goods sitting there and you're not upset about leaving them behind.

That's how you need to use the universe. It's this incredible supermarket. What are you in the mood for? What do you want to do? Walk in, get it, and the rest is still there. It's actually a form of fear and it turns something that is a true blessing into a complaint. You can have anything you want. "I don't know what I want." Somebody should slap us when we do that. So just be aware of that and understand. Remember the supermarket analogy and don't turn something that is truly a blessing into something that's not. That doesn't make any sense.

Step Six: Choose Our Limits

The sixth step to manifestation is to choose our limits. So we're not going to have everything, we're not going to do everything, but it doesn't mean that we are being held back. In The Hero's Journey, we've talked about limits as atonement with the father, being held back until we attain the skills and the levels that we need to move forward successfully.

In this case, these are limits that we get to choose ourselves. Why would we choose limits ourselves and beliefs? Didn't we just get rid of limits?

Here's what I mean. Remember that analogy of abundance being like a river, there is this constant flow? Things need to flow in and things need to flow out. If we try to dam it up, we no longer have a river. We either have a flood, if things are flowing in but not flowing out, or if things are flowing our but not flowing in, pretty quickly we just have the remnants of a desert. We need that constant flow; things coming in and things flowing out. But we need banks on the side of the river or we would have a swamp. The banks limit the river, limit the sides of the river so things come in, things go out, but they don't go to the left and right. They follow the course of the river.

It's like we talked the other day about the banks of the river. A river actually crashes into one bank and then it crashes into the other, and then it crashes into the other and crashes into the other, and it zigzags down the terrain. The banks, very truly, limit the water so that it does flow. Without the limit of the banks, there would be no flow. That's worth saying again, isn't it? Without the limits of the bank, there would be no flow of the banks.

If you don't choose limits to pure potentiality, nothing is going to flow. It's just going to sit there in this big potential pool, being wonderful but being unused. You need to set limits. We started about this in week one with Robert Frost, *The Road Not Taken;* about decisions. We talked about how it's not the road less traveled as the road not taken. The Latin route of the word "decide" means to cut away. To make a decision means to cut away. It means to set our limits, but the important thing is we get to set them.

Once we have limits, then you can follow the path of least resistance. This is really important. The path of least resistance doesn't mean to sit there doing nothing. It doesn't mean to just let the flow sweep you up. The path of least resistance doesn't happen until we have limits. The reason that water flows so smoothly down the course of the river is that the banks have set the limits, only after the limits the path of least resistance is down the river. Before there were banks, the path of least resistance is to sit there being a swamp.

Limits are what creates this path of least resistance, and once we have a path of least resistance, now we can use the principle of creative tension. Creative tension. This, at first, is going to sound a little painful, but it's a wonderful way to manifest things very quickly.

In creative tension, we create the path of least resistance, right? The mouth of the river is going to be way down low and the source of the river is way up high. Gravity is going to pull

that water down through what other path? That's the path of least resistance. We are similar to that. We tend to move away from things where there are pain. We move toward things where there is something that we love. There is a goal.

It's really, really important. I've often heard it said, and I can observe that it's often true, that people move when pain is great enough. Pain is this principle that pushes us, but I want to stress that it is not necessary to wait for pain. It will come, if we want to wait for it, but a much better way, now that you know how to align yourself and now you know how to manifest, is to focus, instead, on the love aspect; the desire, the belief. Where are you going? What is the goal?

The love aspect pulls us. "Oh, I love that." You'll go through all kinds of things to get to that goal without ever considering them obstacles because love is a pulling principle. It will pull you into that goal. Yes, you can be painfully pushed toward something that is much more powerful, but it's much more pleasant and much more creative to let the love of something pull you.

Pain will only push you out of the pain. As soon as the pain has lessened, the pushing force is lowered, but the pull of love – psychologists have noted this, the closer you get to a goal, the stronger the pull to complete it. It's a very, very strong psychological force.

The pull actually gets greater, so you want to use this principle of desire to let yourself be pulled forward. When you have those two things, the pain of where you are and desire to go somewhere, that creates creative tension, and the path of least resistance then is to move from the pain to the goal. When I say "pain", let's use it in quotes. "Pain" can simply be I'm not content to stay where I'm at. That doesn't mean it has to be literally painful. It can simply be I see that there is so much better.

The reason people usually sit in pain is they don't see that there is something that is so much better. Now that you have had an opportunity to start to see that there is something so much better, let yourself be pulled towards that. Let your spiritual practice, meditation and gratitude start to pull you. Really start to embrace my movement idea.

The thing that's behind all the work that I do in Kwan Yin Healing is that life is supposed to be joyful, easy and now, not one day. Then you start to look around and say, "How do I get closer to that and how do I take action now?"

We've talked a lot about removing obstacles, but this is how to get yourself pulled forward. How do you set these things into practice? Once again, it's the limits that create the flow. That's how important choosing limits are. It's the limits that create that flow that allow you to have a path of least resistance instead of a complicated road of trials. Otherwise, you will simply sit in pure potential. It sounds good, but it doesn't accomplish anything. It manifests nothing. Lots of people have potential. How many times have you heard this phrase, "Oh, they have so much potential," and nothing ever happens.

Early in my career as a professional musician I was surrounded by people who, in many cases, had amazing amounts of natural talent. Everyone could see it. It wasn't even in question. Most of those people are not the ones that went on to become professional musicians. Why? They could just kind of sit and coast on natural talent and they did great for a while, but it would only take them so far. My peers who were talented, not quite so much, they were talented and early on I got used to realizing how I'm going to reach this goal.

My favorite definition of talent, from one of my teachers at the time, Leonard Hindell, of the New York Philharmonic, said to me, "Talent is how long it takes you to learn something. If you have a lot of talent, it doesn't take you very long, and if you have a little bit less talent, you can still do it. It's just going to take you longer." It's the people who were used to having to figure out how to get that extra little bit, instead of just having it, who went on to have professional careers. Why? They learned how to make things happen. The people who were coasting on natural talent only learned how to sit in their pure potential.

Love limits. Learn to love limits. It's what creates the path of least resistance and what lets you go with the flow.

Step Seven: The Role of the Other

We talked about this some in the Hero's Journey, so let me remind you of a basic principle here. Where we come into opposition with others, where we come into conflict with others, these are simply aspects of ourselves that need to be assimilated. We are seeing reflections of ourselves. It's not a crisis. It seems like a crisis. It's not a crisis. It's feedback in the same way that pain, when your hand is in a fire, is feedback. In the same way that emotions are feedback of our minds. In the same way that our physical world is a reflection of our spiritual state.

What happens around others is a reflection of what's going on with us. Where there are conflicts, resolve them and assimilate them. Strictly out of The Hero's Journey here. Once

we face those outer fears, we realize it was entirely inner work, which is wonderful because it gives the power to us to resolve that. Again, we are so much more powerful than people realize. Look for that.

The second part of the role of the other, again, reminder of The Hero's Journey, is that blessings come from others; meeting with the goddess, the allies that we meet on the road of trials, the bringing in others as resources. All these blessings, every blessing comes from others. You can't get a blessing from yourself. It doesn't work that way. If you want blessings, and I would suggest that you use them, blessings come from others, from the divine, through the divine, using others as aspects of the divine. That's absolutely crucial.

Look at the divine as self. When we get up to our higher selves, we are not self, we are oversoul. We are connected to all else. To really use our higher selves, we have to use ourselves as connected to each other. It is simply reality and, if we're not going to use ourselves as connected to each other, then we are refusing to use our highest self and we are going to limit ourselves in the not good way, in the shutting off energy way. We will no longer be coherent when we do that. We will no longer be vibrating, and that disharmony is going to reflect lower.

All that stuff we just worked on for eight weeks, you want to keep that coherence, you want to keep enhancing it, you want to keep it vibrating and that communication among all the levels going well. One of the key ways to do that is to remember that you are part of others, to serve others, to let others help you. A lot of us have trouble with this part. We're happy to help, but we don't want others' help. That's just ego talking. Again, that's a disruption. Take blessings from others. Take blessings from the divine and get help. This is absolutely crucial. For manifestation, it is absolutely crucial. You are creating something you have never had before. You need help. You're on totally new territory. You are way out of your depth or it would already have been manifested. You need help.

Often, when we talk about manifesting, people talk about allowing. Ester and Jerry Hicks, Abraham talk about the art of allowing. This is what we're talking about here. Let this happen and it happens through others. Get help. Let that start to be the first thing.

Step Eight: Have a Specific Plan

After you've done the allowing, so that we don't have any of the flow that's being dammed up, after allowing the energy, we have flow but where is it going? It's flowing, but to where? We want to direct that and we want to direct that to our desire, and how do we do that? We

need a definite plan. We don't throw action out, but we need to understand that just rushing to, "What do I do?" is ego trying to run the show.

We have a lot of help, we have the divine on board, we're grateful for what we have, we have path of least resistance going for us, we have the pull of love, service and belief, but now we need a plan, a definite plan because it's the plan that steers the flow.

Very often, when people are talking about manifestation and Law of Attraction, you'll hear this frequently, "You need to get very specific," they'll say. A lot of you have probably tried this, and you got very specific and nothing happened. This is where the specifics come in. The specifics are part of the definite plan. What happens is people put in all the specifics before all those other things are in place, before all that allowing is in place. But now we need the specifics. The specifics are part of the plan.

For example, let's say that we wanted to manifest abundance in the terms of income. Now is the time to get specific and say, "How much income? By when?" Here's why. I know I've talked about abundances. I don't want a specific number of stars, I want endless stars. But if I want to move toward creating something that doesn't already exist, first I need to break it down into stages and plans. That's what the specifics are for. It's not a new limit, it's a milestone.

If, for example, I want \$100,000 and I want it within a year, don't say within a year because at each point that you repeat that goal, it will still be within a year. You keep pushing it out. You want to say, "I want \$100,000 and I want it by December of 2014, and it's going to come to me in bits and pieces along the way." You have to be as specific as you can with what it is you're trying to accomplish. "I'm going to not work like a crazy person. I'm going to work 30 hours a week doing this."

Set the parameters and then you can sit back and say, "All right, what's the plan I need to make that happen?" So you can say, "Okay, I'm going to work harder at my paper route." Well, that's clearly not going to manifest that goal of \$100,000 in working 30 hours a week. You know that plan won't work. What's a better plan?

In other words, the specifics help you create the principles by which to judge and adjust your plans. The plan can change. The plan should change to reflect reality, but your plan should not set you up for struggle. Don't struggle. That's not manifesting. What happened to path of least resistance? Get clear about what you want and then don't go embrace something you don't want, like working 60 hours a week.

Adapt and change. Remain open. "There's no way I can do that in my current job." There you go. Your current job isn't going to adapt that. You need a different plan. That may or may not be to change jobs. That's not the point here. The point is you look at what your current plan is and say, "Will this happen?" If it won't happen, don't incorporate struggle. Incorporate a better plan. Change your model.

I talk frequently to business owners and they complain about trying to make it in an existing climate, and the first thing that I talk to them about is changing their business model rather than continuing to struggle in a model that they already know doesn't work in the climate in which they are trying to work. How do you do that? That all sounds great, but now it sounds like we're all back to airy-fairy again. How do you do that? This is step nine.

Step Nine: Imagination

Imagination--needing a better plan. Think of imagination as "image in." Very often, the divine communicates to us in pictures. The *Tarot*, a book entirely in pictures. Shamanism-they journey to look for pictures, images. It's a way of working with energies faster than our minds. Communicating in music--one thing that I'm familiar with. I can't put it into words, but there's very definitely communication there and the music has meaning.

Turn to imagination. Trust it. Just breathe, relax and don't get all wound up again. Think of breathing, inspiration; in-spire. You are the active breathing, the active inspiration.

Calm down. We're back to meditation. We're back to spiritual practice. Inspiration and imagination come from allowing breathing, letting go of the struggle. Let things clear. You can't slap down the waves if you're saying, "I don't see how I'm going to come up with a plan that's going to do this." Then you need to spend more time in meditation. Calm down. It will come to you.

Now we're back to belief. If you believe *it's not going to come to me, I need to step in*, well then it's not. If you argue for your limitations, they're yours. Now we're back to the belief problem. You have to start with something. There is going to be a way. You don't know what it is yet, but there is a way and we're going to find it. This is where creative intelligence comes in. I use the term creative intelligence as opposed to limited intelligence. Not that you're not smart, but limited to what you already know or the way you already know or the way you already know that.

Creative intelligence means I am open to ideas and approaches beyond what I have ever done, thought, imagined or felt before. To do that, we need imagination. If that seems like we're right back to something unpractical, let me point out that what you can conceive you can create, and you have done this 100,000 times. There is something that didn't exist, you thought of it, you imagined it. Nothing like it existed. It could be something small. That's fine. Then you created it and it existed. You literally took something that was nothing but imagination, from your imagination, and you made it happen in physical reality. You were working exactly the way that the divine does. You are a reflection of divine in this aspect. Literally, you have made something that didn't exist before. That's how powerful you are. That's how you echo the divine, and you can do this in much bigger things, but you need to follow these patterns.

If you go through these, you'll find out if you're feeling stuck, what are the problems that I'm having? You want to start incorporating all of these things, that desire. It becomes a burning obsession. I love this. This is going to be great. This is in service. This is what I'm willing to give for this. This is how it serves others. This is going to be great. Start a movement toward this. I believe it's possible. I can see it; I can feel it and I can see the future. This is the role of creative visualization; part of the imagination step. I can see it already existing. It's great. It's pulling me forward. I love that image.

Then you set the limits. Here are the things I'm doing. Here are the things I'm not doing. I'm not in the supermarket going nuts. I have to focus now, or a couple of different focuses. I'm involving the first thing, not later. The first thing is you need other people who can help you.

Ronald Regan, of all people, said, "You can do anything you want if you don't mind who gets the credit." Hiding under that is *involve other people in the early stages and throughout*. If this is four other people, involve them. Let them have the joy of doing this as well. Share all of this process. Set out definite plans. Change them as needed, but have plans so that you have limits that can create that path of least resistance, that pull, those specifics that tell you, "Here are the good plans, here are the not good plans, and where you don't have plans that do the principles that you say, let imagination bring you better plans." The old "don't work harder, work smarter" thing.

At first, it doesn't seem like there are better plans, but there always are, and it always means overcoming a limiting belief and expanding belief. There are many different ways to say this, to approach this.

What I strongly invite you to do is go over these nine steps to manifestation and start taking them from ideas into absolute, practical principles and really embrace them as such, really work them and really look at yourself and what you're doing. Go through them in order, but then go back through and say, "Where is the weakest link?" and make that stronger, and you will find yourself manifesting things that you would not believe in a much shorter time than you would believe.

My focus, I swear to you, is absolutely results-based, bottom line, let's make a difference here. You can create all sorts of amazing things. You simply have to decide and then follow a sensible plan. I hope this helps.

I have tremendously enjoyed taking you all on this eight week Kwan Yin journey. I'm happy to share this bonus module with you as well. I wish you happy manifesting and I wish you a happy, productive, wonderful life, and I hope that you and I will be working together on various other things that come up in Kwan Yin Healing over the years, in various offerings.

Please accept my sincere blessing and my good thoughts, and take them and let them be the beginning of a wonderful spiritual capital to be turned into the physical reality of your absolute dreams. I love you all truly. Take care. Bye now.