

The Kwan Yin Journey



September 15, 2013

Tim: Hi, everybody. It's Tim of Kwan Yin Healing and we are on the first bonus Q&A call for the Kwan Yin Journey. There's not too big of a line here. I'm here with Carol and Pam. Eileen emailed me a couple of questions, so we'll go out with what we've got and hope it's helpful. Before we started the recording, Carol was talking about the difficulty of letting go. How did you phrase it again?

Carol: I don't know, entangled with your offspring's journey.

Tim: Yes.

Carol: Trying to help them.

Tim: Yes, we were talking about how people blame other people for where they are, and Carol was sharing that she recognizes that they are stuck when they're there. I added that people who are doing that are, of course, choosing to be stuck. There literally isn't anything that you can do about that and so it comes an issue of letting go.

For me, Carol, when I can't let go of something it's because my ego is invested. The "should factory" is still open and operating, and the only way that I at all got better at it is that I slowly, and I mean very slowly, realized the utter futility of it. It's not that, "Oh, wouldn't I be more saintly if I stopped worrying about shoulds?" It's just I slowly realized that it's not going to happen.

I gained a lot of extra time just to reclaim my life; not just about this. When I took to heart three questions that Bob Proctor asked:

1. What are you trying to achieve?
2. What's working?
3. What's not working?

Then take everything on the *what's not working* list and stop doing it. For years and years and years, I tried to tweak what was on the *not working* list because I finally just said, "It's not working." Just simply stop and you'll get identical results with a lot less frustration and a lot more time, and I can devote my energies to things that, in fact, are working.

When I don't want to do that, it's because my "should factory" is working overtime. "I know it's not working, but it should work." And I have just slowly learned that I am powerless over things like that and I can't force things the way I believe they should be. Things are the way that they are.

To borrow one, another way of looking at these types of situations that I heard Raymond Aaron share when he's in a traffic jam, "Why are we there? Things should be working better than this," He just says, "Well, I want to go. God thinks I should wait. I guess God is probably right." He tries to look at it that way.

Another one I have heard recently, when I'm facing anything that's bugging me. I'm trying to remember who I heard this from. I can't think, off hand. She described the various qualities that we develop, the various skills we develop, like they were muscles. If I'm strengthening the muscle, there's generally some sort of effort, pain, physical discomfort involved in that process of building in our muscle or our leg muscles and so forth, right? You keep working until you reach that point of resistance.

So she does the same thing with all the various emotional, character and social skills. When you get into a situation where we're feeling that pain and discomfort, ask ourselves, "What muscle am I working right now?" She has several names for them, but I can't remember, but I have found that, at least for me, it doesn't really matter.

I just recognize maybe I'm working on my compassion muscle or my letting-go muscle, or my ego muscle or whatever it happens to be. I

found that really helps me reframe things. Instead of saying, “Oh, but it’s not working out,” I just say, “Wow, I wonder which muscle I’m working right now?” I gain a little perspective when I do that.

To go full circle again, we have no control over other people. If you’re a parent, and we’re talking about adult children in this case, but even children’s children, a simple observation shows that you never really have control over even young children, other than basic safety things. They are who they are.

Carol: And, actually, control is not the issue or the desire at all. It’s just for them to be able to handle things on their own.

Tim: Yes. Well, they’re choosing not to. It’s that way a lot when people get their ego wrapped around. I have one acquaintance and he’s a wonderful guy, but he has a very, very bitter resentment over something that happened in his family, and it’s not hard to see why he would hold this resentment.

The problem with that is it’s running him, not vice versa, and there isn’t anybody that can get him past that but himself. I compare this to being on a roller coaster. In theory, if you’re afraid to ride on the roller coaster, let go of the bar and put your hands in the air. You’ll feel better, and when you will tell that to somebody who is afraid, about to go on a roller coaster, they’re going to tell you where to stick it. It’s just not going to work.

We face our own challenges, and people choose the wrong results. They have as many lifetimes as they need to decide it’s not working for them or decide this is how they like it, and there’s nothing any of the rest of us can do and there’s nothing any of the rest of us really should do. I know there’s the “should factory” that’s going to stop that. There’s nothing that any of the rest of us can do that will make much of a difference. You know the old joke, “Take my advice, I’m not using it.”

Carol: Right.

Tim: Yes. That’s really it.

Carol: Well, it’s an inside job for them.

- Tim: Yes.
- Carol: I can't do it for them.
- Tim: And for what it's worth, I have recently made a resolution to myself, in certain groups, to kind of a reverse resolution. I promised myself I would do it up to the first of the year, where I normally would be sharing and interacting, and I decided to do nothing but listen. It's not that I don't have things to say or things that would be helpful, it's that it's not doing anything. It occurred to me that, "Well, why don't I spend a good 90 days listening and maybe I'll learn something that I think I know." And we'll see in 90 days, but if nothing else, I'll learn to chill out a little bit more. That's useful too. So I know that's a lot of non-help, but it is what it is.
- Carol: It's an affirmation of what I already know and I just need to make the decision, "Okay," and just say, "Here it is. It's yours. Do with it what you will."
- Tim: Yes. I like the whistling background.
- Carol: That's my husband's cell phone, and it's not where I can reach it.
- Tim: I was going to say, he's really good.
- Carol: He is approaching it now.
- Tim: Pam, how are things going in your life? Options still opening up for you or exciting new things?
- Pam: Can you hear me?
- Tim: I can.
- Pam: Okay, I had you on mute because I was making noise and I accidentally pushed the hold button. I couldn't get the hold button to go off. Things have just been really hectic all summer. We're still trying to sell our income property, and just working and sorting and cleaning, and you don't realize how much stuff you accumulate over 30 or 40

years. I'm going through all that and learning to let go. I don't need this stuff.

Tim: Yes.

Pam: Give it away, throw it away, take a picture of it, whatever, and you don't need it. It's really feeling great to get some clear space and just get rid of some of this stuff.

I found my grandparents' birth certificates for crying out loud. Well, there's nobody interested in that kind of thing now and what do I do with them? So I made a box, and everything that pertains to the grandparents goes in the box, and things that aren't important or they are duplicates get thrown away. It's nice to see it all, but it's also nice to not have it cluttering it up space that it doesn't need to. That's what we've been doing all summer. Still working at it.

Tim: Nice. My tendency is I will ask myself, "Do you need this? Yes, I need this. I need to use this. Well, when is the last time you used it? Well, well, well, well."

Pam: When are you going to need it? It always happens. So we're letting go of just a tremendous amount of things that we don't need anymore.

Tim: Well that should be very freeing.

Pam: Yes, it is. It feels good.

Tim: Well, if either of you have another question, we'll do that first, and if not, I'll get into Eileen's questions, which will take awhile. Eileen writes, "There are two things we would like to hear: one, how The Reconnective Journey changed you. What kind of transformations did you experienced personally in your practice? And two, one question that comes up with some frequency in our Tuesday night discussion is, is it ego or intuition? Am I getting this bad feeling because I am afraid to get out of my comfort zone, fear, or because it really isn't a path I should go down? So both of those have long answers.

Pam: Go for it.

Tim: Okay. All right well, how The Reconnective Journey changed me? Wow, where to start? I came into this at a time when things were a little bit of a mess. It wasn't any disaster, but I had had an important relationship that had not worked out, and I was feeling sad and confused about that. At the same time, I was doing a job I didn't dislike, per se, but was not getting me up with any kind of excitement in the morning. I thought maybe I'd like to do at least something else, in addition to that, but I had no idea what. So I had lots and lots and lots of questions, and that's why I got into it. I thought, "Well, maybe this will help."

I was feeling the effects of aging and being active. I had been struggling with back pain for a couple of years, degenerative disc disease, and all of that was going on for me.

I don't know what I was expecting, but just from what I was used to with energy healing, in general, I was expecting something very, very subtle in my distance healing, and what I felt was instantaneous and intense and powerful. I was pretty blown away by that. My actual energy alignment, I did an in-person Reconnection, and that also was extremely powerful and euphoric.

Several things happened as a result of that, one of which happened right there. After the first session, I just felt super connected. Now, keep in mind, when I went into this, I have been through so much new age stuff and so much years and years of this, and I just had no use for any of it anymore. Life just is, people have their own wishful thinking and beliefs, and that's fine, and I was okay with that. It wasn't like the militant type of atheist that you run into sometimes. It was just like, "Life is what it is and that's okay."

Anyway, after my first session, I just sat in the park for a little bit to pull myself back together. I said, "Okay, do I have a really vivid imagination or can I feel that tree? Can I feel that squirrel running across the park to that tree?" It was like that, just this very strange feeling of being connected and literally feeling the things that are around me.

The second day, some of you have heard me tell the story before, but the second day, not believing in anything other than the worldly, I felt one hand grasp the base of my spine, another hand steady my

stomach, and incredibly stretched my spine. My back arched. This happened several times, and the pain in my back was gone; just gone.

A few months later, when I had my regular checkup, my degenerative disease was in L4; that's one of the things they look for when they bonk your kneecap with a hammer, to check your reflexes. In one knee it wasn't as good. He said, "Yes, it's because you've got some disease there that's pinched in the nerve." There isn't anything they do for it. Anyway, even the reflex tests were back to normal. So that was a pretty amazing thing for me.

There are several things that would take a long time. I remember sitting down with my friend, Louise, trying to explain this. It ended up taking a couple of hours to try to explain it. One of the things was people I had been distant from came back into my life. Belief systems started coming back into my life, largely because they were right there in front of me and I could no longer deny them. From spiritual beliefs to the reality that we're not alone, to connection, to just a really strong sense of flow and wellbeing, and everything changed.

It was really a different way of experiencing the world, which that I could understand because I was a professional musician and, at that level, there is music in a different way to understand and think, other than the way that we usually think. So I was familiar with that, but this is just yet another one.

I remember talking to my AA sponsor about it and trying to explain, and he said to me, "You know, Tim, if you found a way to understand the world without getting into your head, I think that's perfect." And that's what this was for me. I could see that I was starting to understand the world in a way that didn't need my head.

That got me curious about taking level one and two seminars. Then I decided to take a level three seminar and I wasn't planning on doing anything, I was just curious. I wanted to learn more. Along the way, I got it into my head that I was going to practice. I didn't know how I was going to practice because I knew that simply saying, "Hey, I'm a healer, everybody come knock on my door," was not going to be a viable business model.

But again, these reconnections, just like my clients say, suddenly doors open and people show up, and I had a string of powerful teachers and coaches who just showed up. Tad Hardgrave from Marketing for Hippies, Alex Baisley at the Big Dream Program, Ryan Eliason at the Social Empowerment Network, Howard Jacobson, a very, very sharp guy who actually gave me the idea, originally, for incorporating The Hero's Journey into the Kwan Yin Journey. And that sparked all kinds of things when I got my teeth into that. Mark Silver and Jason Stein of Heart of Business, and others. Things just kept happening and they kept happening in directions a little differently than I thought I was going to go, but they kept going there, and I just learned to start following them.

I changed my understanding of time, of abundance, of a house I had been talking about for years. Suddenly, that's on the verge on being built, and my vision expanded. Originally, I was looking for something that I could do and then, suddenly, I was realizing that what this was going to be about was helping people do what they wanted to do, and let their work ripple out to the people that they work with, and that this is going to have far more impact than anything I could have.

It all goes back to the beginning of the journey, and the process of sharing more and more, and guiding other people on the journey. I'm sharing the same path I walked, essentially. So Eileen, I guess that's the answer to question number one. And that continues to grow.

All right, question number two, intuition versus ego. Am I getting this bad feeling because I'm afraid to get out of my comfort zone, fear, or because it really isn't a path I should go down?

There are about 30 topics wrapped up in this question. I'll share my thoughts on this. It's a common problem, incidentally, because what happens very often is that the projections that people have to come about from fear will be taken as intuition, and as you can imagine, the results aren't helpful. But here's the thing. Any time that situation arises, where that question would arise, it's not intuition; it's ego, and here's why. That's not an intuition event. That's a thought event. It's the thought that's causing the fear, not the situation.

I know very well there are plenty of stories where somebody, at the last minute, has some intuition and change of thought where something dangerous is going to happen, but you notice that they didn't say, "And I was really, really afraid," right? When we're in that extreme situation, there's clarity. It's not a question. It's when we're wrestling with it that we're caught up in thought, not intuition.

It's very helpful to think in terms of the states of being. Intuition comes from the Buddhic plane and the Buddhic plane is above the thought plane. So our thoughts are clear when we're talking at the level of intuition because thoughts are too slow a vibration. That's why intuition comes as flashes of insight.

Also, because of that, intuition is always at the level of love. In the bonus module, the steps for manifestation, one of the things I talked about is the 333 vibration, how we are actually three groups of three in speaking of creation. At the divine universal level, whatever terms you want to use for that, the highest level is pure potentiality. Then the second level is the divine spark. Then the third level is the world of forms.

In Taoism, the yin and yang from those two things in the second plane becomes 10,000 things on the third plane. This is the nature of the divine, of universal energy. Our souls mirror that. In the Atma, at our highest point, where we touch the lowest point of the divine energy, that's a piece of us. Then the huge piece of us is on the Buddhic plane, the intuition part. And then a little bit that goes into the mental plane, that's our highest part, the causal body. We mirror the divine in that aspect.

The Atma is our connection to divine and pure potentiality. Intuition, this is our teacher, our divine spark. It's the bulk of our soul energy, and which then is manifested in the causal body. That's our connection to the physical. Our physical bodies, our existence marries that as well. So at our highest point, it's the mind. This is where imagination comes into play, right? Then the whole feeling plane in the middle, where we take those ideas, we add to them feelings, desire, and that's what pushes ideas into manifestation. Then the physical plane would manifest them. Our physical existence is a mirror of our soul. Our souls are a mirror of the divine.

In each case, it's the heart, the intuition, the love. It's a mirror of the divine spark. There is not going to be fear associated with that, ever. If there is, it's not intuition. It's thought energy. Maybe think of it in terms of clouds, right? At what point are the stars not shining? Well the stars are always shining. Sometimes there are clouds in the way, and our thoughts are clouds that are in the way.

Another part of the question I wanted to look at was *is this a path I shouldn't be going down?* And this is, I think, my two cents. I would look at this in the reverse. I think it's more useful. It's not really that there's a path we go down. It's more that the world we're in is one that we not only have attracted, but are actively attracting. We electromagnetic vibration and it's magnetic.

So it's not so much a matter of am I headed down the right path? You are where you are, and nothing but your own vibration is going to change that. Much of the thought we invest in *am I going down this path or that path?* You're already there. It's a matter of attracting things to us, and the question really should become *what do I want to attract to me?* And that comes from desire.

If you remember from our material, that comes from getting clear on *what is it that you want? What is it you love?* And that's where intention becomes handy. It's interesting, actually. Some of these have been studied, going back to W. Clement Stone. He'll ask at a seminar, and they'll find that 98% of people have no clear idea what they want. Those are going to be cloudy vibrations, by definition.

Here's a really interesting way to look at intuition, because then I know that then begs the problem, "Okay, I see what you're saying, but now how do I get into intuition?" Here is something that you can do.

You get really quiet and think of reaching out with your feelings. When we talk about feeling, we tend to think in terms of ego. How am I feeling, right? What are my feelings? It's a very, very subjective thing. When people don't want to look at things honestly, they will say, "Well, I just feel that," fill in the blank. Whatever they put in the blank doesn't have to match reality because that's just how they feel.

Well, think of feelings in a very different way and not as something subjective. Instead of feelings being self-referential, think of your hands. You say, "How does your hand feel?" Well, it feels one way if you just hit it with a hammer, but normally we think in terms of reaching out and using the feeling as the sense of touch, or any other part of our body. My Tai Chi teacher used to say, "You have hands all over your body and it has nothing to do with hands." He was talking about using that sense.

If you close your eyes and pay attention to feeling, but look at feeling as going outside; it's reaching outside in all directions of ourselves and going like a sense, what's going on out there? Is it safe? What's the energy?

It's like when you walk into a room and there are no visual clues, but there's just been some big fight and you walk in and say, "What's wrong?" You feel it right away. Working from there, because remember that our physical feeling is a mirror of our soul feeling, and our soul feeling is intuition, and intuition is a mirror of the divine spark.

When you do this, just spend some time getting quiet. We're not judging, we're not changing, we're not questioning; you're just feeling what's there, and just reaching out and feeling what's there. Now, the first time I tried this, what happened with me is that instantly, this huge energy of my mind zipped down to a small sphere in front of me. I was still aware of it and it was still doing the same things, but it was no longer the whole show.

I was aware of a whole lot of things going on, one of which was my mind. In that regard, it's very calming because things get very objective. Even if I can't exactly put labels and words on things, I can at least be open to sensing sensation.

I think with intuition, very often, while I'm a very verbal person, nonetheless, images from the divine often come in pictures. It's useful to let images come and not to judge. We still tend to limit. Remember, divine spark comes right out of pure potentiality. At its highest, the divine is pure potentiality. That's about as unlimited as it's possible to get. Literally anything can happen, and intuition is our direct tie to that, and right to the divine.

I don't know if Eileen meant me to share this next part. She wrote it as a question. Talking about her other daughter; "The first thing Grace noticed when she got back from India was the change in energy in the house." Since both Eileen and two of her daughters went through this program with us together, Tesla and Heather, and it affected her readiness to jump in to spiritual work at the moment.

Again, this is absolutely an ego thing to happen. It's very, very common. The trouble with doing spiritual work is it challenges the ego and it means letting go of things that we were mistaken about, and it's not a question of how low or high or anything like that we are. At every single level, that's what spiritual work is going to be.

It's going to be letting go of ego and letting go of things about which we are wrong. To walk into pure potentiality, it is to get uncomfortable with certainty. It is that crossing of that threshold from the comfort zone into the magical world, in Joseph Campbell's terms.

We also have to understand that the comfort zone is a total fiction. We cannot stay in our comfort zone because there is no comfort zone. There is no place where things are calm and secure, and never changing. When we hold to that fiction, that's why we have disruptions in our lives because it never was such a place. It's something we made up in our heads and then believed it.

The reality is we are constantly growing. The trees don't decide whether they want to leave their comfort zone or whether they're grown enough already. No. They continually grow, from the moment they start to the moment they die, and so do you. So do all of us. It's simply a matter of do you want to grow naturally? Do you want to grow to your potential? Do you want to grow in distorted ways? Do you want to grow painfully? Do you want to grow joyfully? Those are decisions that we can make. But to not grow is not a decision that we have.

I was thinking the other day, to come up with a better way to explain it than this, about how often have I heard people say things to justify where they are right now. They'll say, "Well, I know what I want and I don't want to settle." Those people have already settled. They're just not aware of it or they don't want to admit it. *I don't want to settle.* It's

an argument for staying where they are. They have already settled. They're just pretending otherwise.

So we really have no question. We really don't have the option not to do spiritual work. We can have a hand in deciding how we want to move forward with that, but whether or not we're ready to do spiritual work, oh, it's going to happen.

What Carol and I were discussing at the beginning of this call, with her adult children, they're doing spiritual work. They are thoroughly learning how what they are doing doesn't work and how it doesn't feel good, and they're not done learning that yet or they'd let it go. And the rest of us, are we ready to let go of things?

The other thing about the comfort zone is, going back over our early material, the importance of learning to embrace uncertainty. If you want good things to happen, you want surprising things to happen, you want joyous things to happen, you want to move forward, you don't know how that's going to happen or you'd already have it. It's uncertain by definition.

Every wonderful thing happens through uncertainty, and one of the most valuable lessons that we can all learn is to learn to be comfortable with uncertainty. And to replace that, it doesn't mean that we have to feel off-kilter. It means that's why we started the program, developing a strong spiritual center, however that worked for people, whatever they, themselves, believe and define it as, because that's what gives us stability. There is this constant flow.

Part of my journey, I mentioned abundance. I used to see security as there is enough money in retirement fund that I can relax. While my retirement fund is in good shape, thanks, that doesn't do it still. What does it is when I recognize that there is a never-ending flow of abundance into which I can tap at all times and to which I can give from at all times, and that's just how it is. There is no way to exhaust it. There is no way to use it all up. There is no way to give it all away. It's impossible. It's like a steady river.

I've also come to understand that the work that I do is part of something far greater than I understand, that I am like one tentacle of a

much larger team and this is just my little corner of it. I don't know who all these people are or what they're doing, and there's no way I could wrap my head around that, but I can see it clearly and I can feel it. That means to really do my work. As part of that, I have to accept that I'm not going to know and understand, and yet work as a member of that team nonetheless, and to do so happily and joyously.

So being scared about things is to try to deny our pure potential. This is our nature. I used to think these are grand words but, now, it's our very being. We really can do whatever it is that you believed that you can because that's the amount of energy that's going to get through your thought clouds.

Another way to deal with negative feeling and fear, and so forth, there's a wonderful formula. I'm trying to think of this guy's name. We did a wonderful TED talk on it, the Mathematics of Feeling. It's based on a long study, which of the countries that report the highest happiness and all that. He came up with several amazing formulas, and the one for happiness is how much do we want the things we have versus how much we have the things we want. If we want the things that we have, this is gratitude. The higher that factor, we're going to be happy.

The other side of that fraction is gratification. We're concerned about having things that we want. Fear is always worried about having things that we want rather than wanting the things that we have. Gratification, there's nothing wrong with the search for gratification. This is the role of desire. It makes us expand. But if it grows out of proportion to gratitude, we're going to be unhappy or fearful that we're going to lose something.

That brings us right back to another key point we talked about in the journey, that there are only two motives; fear and love. If we're acting out of fear, we're not acting out of love, and vice versa. If we're not acting out of love, we're acting out of fear, and we would do well to look at what is it I'm afraid of here and where does fear come from?

Fear means that I am concerned that I'm going to not get something that I want or that I'm going to lose something that I have. One excellent way to deal with that is simply to up the gratitude to where that's a balance. In The Hero's Journey, that's why before we get into

all the trials there is a meeting with the goddess. Let's load up on good things here, and tools and blessings, and then walk into our trials.

Yet another way to look at this is we can trust our feelings, in terms of *am I on the right path*, not by *am I afraid of it?* Because that's ego; that's justification. A better question, if negative things are coming up, is to look at *am I happy? Does this feel good?*

When we come up with an idea and it really clicks, we're excited, right? We have all these other things to do but we start working on it right away because we're excited about it. That is a clear sign that you're on the right path. This is perfect, and that's how the right path should feel. Rather than worrying about how the wrong path feels, I think the better approach would be to look at *how does the right path feel? Am I happy? Is this joyous? Is this exciting?*

In the same way that if we're going to take a wonderful vacation to California, we're going to drive there, right? We're packing the car. We're getting ready to pull out the driveway. We're just someplace where we are every day, but we're already happy and excited because we're on the path.

Those sorts of things are going to be in harmony with intuition, with love, with our soul level, with the divine self. Fear is always going to come from mind. Always. And the antidote to fear isn't avoiding things; it is always love. The antidote to unhappiness isn't ramping up the should factory; it's always gratitude. *What are things that are great about this situation? What are the things that are going well? What are the things we've already accomplished? Isn't that wonderful?*

Then, suddenly, we find we have a lot more time and we realize things much better than we like to believe, for whatever reason, and things start to flow far more readily.

Our ego will always try to prevent us from being happy because our ego doesn't want to be happy. Our ego wants to be right. And if we were right, we would living in 24/7 nirvana right this second. By definition, we are not quite right.

Another saying, I came across this recently; I love this. *There is no such thing as a dark night of the soul. When people say they're having a dark night of the soul, they're really having a dark night of the ego.* Wow. That is just perfect, and that's this principle exactly. Your soul does not have dark nights. Your ego does.

Not that I'm not in favor of self-preservation, but to the extreme that someone rushes in and murders you. Well, you just return to source and everything goes on. It's a very different place than we're used to thinking, but then that's why we're here and not there.

So, how's that for one of the longest answers I've ever given? Eileen, I hope that answers your question. Go ahead.

Carol: There are some excellent nuggets of information there, Tim. Thank you.

Tim: You're welcome.

Pam: It was a great question and it was a great answer. Thank you.

Tim: Thank you. I highly recommend that intuition practice, by the way. It's very, very powerful.

Well, I know that on the next call, in October anyway, Nicole and Selena came up to do a Reconnection in person. Nicole, anyway, mentioned that she wouldn't be on this call but she was looking forward to being on the October call. So maybe we'll get more people there. I strongly invite people to send the email questions so that, even if you're not here, we can answer the questions. If you really just want to share what's going on for you and moving things ahead, that would be great as well.

And what else? I can also share some things that are coming up. It's more slowly than I would have liked, but they're coming up. One is, in the not too far future, there will be a complete overhaul of my website. It will be much cleaner and much more focused, and much more friendly towards people, in terms of what is this, do I belong here, is this a good fit for me, how do I get started?.

My free offer is going to be changing from the hodgepodge of things that it is now to *Better Health and Happiness: The Kwan Yin Path*, which is exactly what it sounds like, to get people started and realize some benefits, and if they want to go further, they can move on to the Kwan Yin Journey.

I am going to re-launch the Kwan Yin Journey as a group program the beginning of November. I'm going to offer all of you. It will be enhanced a bit in terms of, first of all, there will be weekly Q&A calls and probably a few more support things, as I think of along the way. Maybe an extra cheat sheet for the four agreements, things like that. I'll be sending out the calls that we did and the transcripts as modules to participants each week, and then each week having a live Q&A call so that we can spend a lot of time on support. That was one thing that I noticed, that as great as it was, more support would have been really helpful because people went through quite a lot of things very, very quickly. So we'll see how that will work.

I mentioned this to you all because nobody can explain this program better than you can, being people who went through it. Nothing I can say, write or videotape is going to be anything like the impact that you can have. I also would like to offer everyone a bring-your-friend retake opportunity, which is bring a friend with you to enroll in the program, and you can join your friend and retake the program at no cost.

That will give us a nice mix of people who have been around and are new, and we'll form a nice support community. At least that's how I hope that turns out.

Looking ahead to the first of the year, remember Marina Ormes of Astrology Heals, way back when I did Healers' Voices? She was easily the most popular one and I really liked her work, and vice versa. She has the Manifesting with Moon Cycles bonus. It was part of this last package, and she is going to be enhancing that. In fact, she and I are going to be in partnership on it.

For 2014, she and I have put together an entire program for each month. She will talk about the energies of the new moon, on the new moon, and she sends out a 30-minute meditation on that material that she says she has been doing. Then I will be picking up those themes

as well and presenting a 30-minute back-up material focused on that energy each and every month.

Then on the full moon, she and I will jointly host a Q&A call. Everybody throughout the year will be able to focus on things that are relevant in the energy right then, not 100 different things, just what's the major focus on this moon, and do so at a time when it's beneficial, when it's in tune with that. And adding to that, my focus on getting practical results from energy and manifestation, and then giving that support call for people to share how it's going for them, where they might need help, as well as a Facebook community for mutual support and help.

So instead of setting a New Year's resolution, this should be something that you have a good month to focus on one thing to make that a habit, to make that part of your energy so moving forward, it starts to happen automatically. People should accomplish 12 or 13 things, rather than making a resolution that we forget about shortly after it started.

That's coming up and there will be a special pricing for my own clients, which I think is going to be \$97 a month. So that's coming up.

In 2014, I want to put together – I have several notes and pieces of this – a healing journey specifically for people who need to really focus on physical and/or emotional and mental healing, along the same kind of lines as the Kwan Yin Journey, with the exception that we'll have many more healing sessions. So an intense healing experience.

After that, at some point, I'm putting together the Kwan Yin Intensive, which will be essentially one-on-one work for the people who just really need more in-depth work, and this would be working one-on-one a couple of times a month for six months, and how that would work depends on the person. We would have a strategy call to set up a program for the six months and the objectives, and march through that, whether that was a lot of material, whether there's a lot of Q&A, whether there's some healing work involved; whatever is necessary for that.

I am still revising my *Getting Unstuck* book. When that's finally revised, I'll probably be presenting that as a set of video lectures and have the book come with it for somewhere around \$97. So, those are my plans

through 2014 and whatever else comes up. What we plan and what happens are not always the same thing, but those are the broad strokes. So, now you know. And there will be free content, some teleseminars coming up; free content to promote the Kwan Yin Journey in October. I haven't nailed down exactly what those will cover, at this point, so you'll have to stay tuned.

All right, that's what's going on over here. Question? Comments? Thoughts? Reflections? Thanks for joining. I appreciate you taking time to visit. I'm grateful for that. Everybody else listening, the next call is October 13, 2013 at 3 pm Eastern Standard Time. Noon if you're on the west coast and evening if you're in the UK. If you can't make it, make sure that you send me questions so I can answer them, and you can send those anytime. If you have questions about anything else, just let me know. Keep in touch and thank you very much.

Pam: Thank you, Tim. It was very enjoyable and we really appreciate you doing this kind of thing.

Tim: It's my pleasure, truly. I'm glad it helps. Have a wonderful afternoon.

Pam: Thank you. You too.

Carol: Thank you.

Tim: Peace everyone. Take care.